



## Baby Cafe

**Free weekly breastfeeding education, encouragement, and support group**

**What to expect:**

- Drop in for breastfeeding education and support
- Run by lactation specialists who offer education and resources to pregnant and breastfeeding families in the community, at any stage of their breastfeeding journey
- Opportunity to meet other families to share tips and socialize
- Young children and support persons welcome
- Light lunch will be provided

**Families are welcome to join Baby Cafe every week for as long as you want breastfeeding education and support**

**When**

Every Tuesday  
10:30 a.m. to 12:30 p.m.  
Closed on holidays

**Where**

Forest Park Library  
655 Waycross Road  
Cincinnati, OH 45240

**For more information,  
please call  
513-917-0608**